



FEDERATION INTERNATIONALE DES LUTTES ASSOCIEES  
INTERNATIONAL FEDERATION OF ASSOCIATED WRESTLING STYLES

Adresse : Rue du Château 6 / 1804 Corsier-sur-Vevey / Suisse  
Téléphone : (41.21) 312 84 26 Fax : (41.21) 323 60 73 E-mail : fila@fila-wrestling.com Internet : www.fila-wrestling.com

To all Federation  
To all athletes  
To the doctors of National Federations

## Application procedure for Therapeutic Use Exemptions (TUE)

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Dear President,  
Dear athletes, dear doctors

Please take note of the following concerning the Therapeutic Use Exemptions (TUE) and the procedure to follow in order to obtain a TUE for this year 2012.

### 1) Competent bodies

- All wrestlers included in the FILA Registered Testing Pool 2012 must submit their TUE application to FILA.
- All wrestlers entered in an international competition in the FILA calendar (see the list attached) shall submit their request to FILA at least 30 days before the beginning of the competition.
- National level athletes must request their TUEs to their National Anti-doping Organisation.

### 2) TUE

The request must include:

- The TUE form (available on [www.fila-wrestling.com](http://www.fila-wrestling.com)) dully filled in and signed by the athlete and the medical practitioner. The name and the contact details of the medical practitioner shall be submitted.
- A complete medical file (including a diagnosis, exams results, etc)

The requests made through **ADAMS** shall comply with the same requirements than those made on paper form (name of the prohibited substance, complete diagnosis, exams results, name and contact details of the doctor,...)

Incomplete applications will not be processed and immediately returned.

Any change of dose, frequency, route and/or duration requires another TUE application.

All the information contained in the TUE application is kept strictly confidential as medical data.



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Previous authorization for the use of the following substances is not required:

- Salbutamol by inhalation (maximum 1600 micrograms over 24 hours)
- Formoterol by inhalation (maximum 36 micrograms over 24 hours)
- Salmeterol by inhalation

**For the other beta-2 agonists (terbutaline for example), a standard TUE application with complete medical file is required.**

- Glucocorticosteroids administered by non-systemic routes or by inhalation\*

\* all glucocorticosteroids are prohibited when administered by oral, intravenous, intramuscular or rectal routes.

### 3) Information concerning the London Olympic Games

All wrestlers entered to compete in the London Olympic Games with a documented medical condition requiring the use of a *Prohibited Substance* or a *Prohibited Method* must first obtain a TUE **from FILA**.

FILA shall notify all granted TUE to all wrestlers competing in the London Olympic Games to the NOCs, WADA and the IOC Medical Commission.

The IOC shall appoint a committee of at least three physicians (the TUEC) to assess existing TUE and consider new requests for TUEs made between July 16, 2012 (date of opening of the Olympic village) and the end of the 2012 Olympic Games, on August 13. Such decision shall only be valid during the period of the Olympic Games.

WADA may review any TUE decision.

Athletes may visit the World Anti-doping Agency's website, particularly <http://wada-ama.org/en/Anti-Doping-Community/Athletes/> for all questions related to TUE but also food supplements among other.

We thank you to relay this information to your athletes as well as to the doctor of your Federation and any other concerned individual.

Yours sincerely,

Michel Dusson  
Secretary General

Corsier, 20th December 2012 /cr

Appendix:

- List of competitions requiring a TUE granted by FILA only;
- List of Prohibited Substances for 2012